

Appetizers

1. **Cheesy Bread Sticks** – 4 Pieces, served fresh from the oven \$4.49
2. **Mozzarella Cheese Sticks with Marinara Sauce** – 6 pieces 4.49
3. **Baked Jalapeno Poppers** – 6 pieces 4.49
4. **Monster Wings** – 6, 12, 18 pcs. (Ranch, or BBQ) 4.99, 9.99, 14.99
5. **Chicken Tenders** - 4 strips of breaded chicken breast w/ fries 6.99

Baked Potatoes

Potatoes are good for you! A plain 7 oz. potato with the skin on provides no fat, only 220 calories, nearly 50% of recommended Vitamins C and B6 per day and it is stacked with potassium and almost 5 grams of fiber.

1. **Baked Potatoes with your choice of pizza toppings** \$3.99 / \$5.99

Soups with Breadsticks

1. **Black Bean Chili, Broccoli and Cheese, Minestrone, or Creole Chicken Gumbo** \$4.99
2. **Choice of ½ Potato, or Soup, with Personal Salad** 8.99

Fresh Organic Salads with Breadsticks

	Personal	Family
1. Caesar Salad – Romaine Hearts, with Croutons and Shredded Parmesan, with our own Caesar dressing	\$4.49	\$8.49
2. Spring Mix – Baby Lettuce, with Tomatoes, Black Olives, Red Onions and a sprinkle of cheese, with choice of Vinaigrette, Ranch, Caesar, Blue Cheese, or Thousand Isle dressing	4.99	9.99
3. Greek Spinach Salad – Baby Spinach, Mushrooms, Black Olives, Onions, Tomatoes, Feta Cheese & Greek Vinaigrette	4.99	9.99
4. Raspberry / Spinach Salad – Organic Baby Spinach, Apples, Raisins, Walnuts and Raspberry Dressing	4.99	9.99
Add grilled chicken breast to any salad	2.50	4.50

Gourmet Sandwiches and Oven Baked Fries

Made fresh on Dutch Crunch or Honey Whole Wheat. Includes regular, or Dijon mustard, mayonnaise, lettuce, tomato and sprouts. Pickles and red onions are free upon request. All sandwiches, except Chicken and Tuna Salads include Jack, Provolone, Swiss or Cheddar cheese.

1. Fresh Garden/Veggie, Chicken Salad, or Tuna Salad	\$6.99
2. Ham, Turkey, Salami, or Roast Beef	6.99
3. Oven Baked Meatball Sub	7.99
Add oven baked fries to any sandwich	2.00



Build Your Own pizza, With Your Own Toppings

Veggies

Artichokes, Black Olives, Broccoli, Corn, Garlic, Green Olives, Green Peppers, Jalapeños, Mushrooms, Onions, Pineapple, Potatoes, Roma Tomatoes, Spinach, and Zucchini

Meats

Anchovies**, Bacon, Canadian Bacon, Chicken, Ground Beef, Ham, Italian Sausage, Pepperoni, Salami, Steak

Sauces

Creamy Garlic Sauce, Fresh Pesto Sauce*, or Marinara (Tomato and Herb) Sauce

*single topping charge; **double topping charge)

	Slice	Personal 9"	Large 12"	Family 14"
Serves ----->	1	1	2	3
Cheese pizza only	\$2.99	5.99	11.99	13.99
Each additional topping (Fresh where possible)	.50	1.00	1.50	1.99

Calzones

1. Spinach – Stuffed w/ spinach, mushrooms, onions & cheese	\$7.99
2. Vegi – Bell peppers, broccoli, mushrooms, onions & cheese	7.99
3. Beef, Sausage, or Pepperoni – Mushrooms, onions & cheese	8.99
4. Chicken Pesto – Pesto, chicken, mushrooms, onions & cheese	8.99
Additional stuffings:	
Vegi	\$.75
Meat	\$1.25

Beverages

1. **Water, Milk, Canned Sodas, Fountain Sodas** \$1.00 – 1.65
2. **House Coffee** 1.85
3. **Juices, Gatorades, Vitamin Water, Rockstar** 1.85 – 3.00
4. **Bottled Beer, Wine by the Glass and Beer on Tap** 2.95 – 4.49

Desserts

1. Fresh Fruit – seasonal favorite, fresh from the garden	\$1.00
2. Cookies, Brownies	1.45 – 2.45
3. N.Y. or Strawberry Cheesecake, Chocolate Torte	3.50 - 3.95
4. Double Rainbow Ice Cream (by the cup, cone or pint)	2.99 - 5.99